



New Horizons in Hypnosis

A Holistic Approach for the Body, Mind & Spirit.

Linda E. Donalds, Certified Hypnotist

492 Holman Street, Lunenburg MA 01462
ledonalds@newhorizonsinhypnosis.com (email)
508-246-2721 (voice)

Your Patient: _____ **Phone:** _____

The above patient has chosen to use hypnosis as a complementary modality for help with the following problem or condition:

_____ (write brief description of issue above, example "Pain Management")

I am a certified hypnotist, and have been an active member in good standing with the National Guild of Hypnotists (NGH) since 1998. I have also completed several additional advanced training programs in the field of hypnotherapy, including NGH's certification in Complementary Medical Hypnotism.

The Code of Ethics and Standards of the National Guild of Hypnotists requires that all hypnosis for any medical issue be conducted only on a referral from a Health Care Professional such as you. Because I conduct my practice carefully within this limit, I have referred my client to you for your examination to avoid masking any symptoms before proper medical diagnosis and treatment have been made, and to determine whether there is any reason, in your opinion, that hypnosis should not be used with this client.

For Clients/Patients seeking Pain Management: Hypnosis has the ability to alter the perception of pain. A physician referral ensures that this individual is in fact being treated by you and for the specific pain condition indicated. Only you can make a diagnosis, and your instructions are needed so that pain is not blocked in a way that allows your patient to further injure themselves or hinders accurate evaluation of their condition. I can tailor hypnosis to your patient's specific pain relief needs (More information is available on my website or by calling my office.)

Thank you in advance for your attention to this matter.

Sincerely,

Linda E. Donalds, CH
NGH Certified Consulting Hypnotist

For the Doctor:

I have examined my patient, and see no contradiction to the use of hypnotic suggestion in this case. The ICD Diagnostic Code & Title (long hand name) for my patient's issue is as follows:

Diagnostic Code: _____ Diagnostic Title: _____

Additional instructions, precautions or comments:

Doctor's Signature: _____ License #: _____
Please Print Name: _____ Date Signed: _____
Office Address: _____ Office Phone: _____

For the Client:

I understand that hypnosis is not a substitute or replacement for traditional medical care, and that I should not discontinue or modify any medication presently being taken without first discussing it with my doctor and obtaining medical approval.

Patient's Signature: _____ Date Signed: _____